



203rd Ismaili Scout Group Personal Camping Checklist Scouts & Venturers

Equipment

- Internal or External Frame Pack
- Sleeping Bag (rated for -10°C)
- Insulate Pad (Blue Foamy)
- Flash Light w/ Batteries
- Waterproof Pack Cover (or large garbage bag)
- Eating Utensils (bowl, cup/mug, knife, fork, spoon)

Personal Items

- Personal First Aid Kit
- Personal Survival Kit
 - Waterproof matches
 - Pocketknife
 - Compass
 - Whistle
 - Mirror
- Prescription Medication
- Toothbrush & Toothpaste
- Small Towel & washcloth

Clothing

- Scout Shirt and Scarf*
- Rain Gear (rain coat & pants)
- Jacket (or Parka)
- Gloves and Toque
- Hiking Boots / Winter Boots
- Runners
- Sweater(s)
- Long and Short Sleeve shirts
- Pants & Shorts
- Underwear
- Long Underwear
- Regular and Wool Socks (several pairs)

Seasonal Items

- Hat
- Insect Repellent
- Sunscreen
- Chap stick
- Swimming Suit

Items NOT to Bring

- TV
- Radio / Walkman
- Portable video games (Gameboy, GameGear, etc)
- Sheath Knife
- Axe
- Fireworks
- Cosmetics (make-up, lipstick, etc)